# Join us as we celebrate this delicious vegetable in season at PCC Community Markets or one of these restaurants

#### LARK

952 E Seneca Street Seattle, WA 98122 larkseattle.com



## THE WALRUS AND THE CARPENTER

4743 Ballard Avenue NW Seattle, WA 98107 thewalrusbar.com



#### STEELHEAD DINER

95 Pine Street Seattle, WA 98101 steelheaddiner.com



#### TAVOLÀTA BELLTOWN TAVAL

2323 Second Avenue Seattle, WA 98121 ethanstowellrestaurants.com

#### SAINT HELENS CAFE

3600 NE 45th St Seattle, WA 98105 sainthelenscafe.com



#### WESTWARD

2501 N. Northlake Way Seattle, WA 98103 westwardseattle.com



#### BAR MELUSINE

1060 East Union Street Seattle, WA 98122 barmelusine.com



#### **DEEP DIVE**

620 Lenora Street Seattle, WA 98121 deepdiveseattle.com



#### BLUEACRE SEAFOOD

1700 7th Avenue Seattle, WA 98101 blueacreseafood.com



#### TAVOLÀTA CAPITOL HILL

501 East Pike Street Seattle, WA 98122 ethanstowellrestaurants.com

#### BATFAU

1040 East Union Street Seattle, WA 98122 restaurantbateau.com



#### BARNACLE

4743 Ballard Ave NW Seattle, WA 98107 thebarnaclebar.com



#### THE WHALE WINS

3506 Stone Way North Seattle, WA 98103 thewhalewins.com



#### ORFEO

2107 3rd Avenue Seattle, WA 98121 orfeorestaurant.com



#### ZANE + WYLIE'S SEATTLE STEAKHOUSE

624 Olive Way Seattle, WA 98101 zaneandwylies.com



How to cook

#### HOW TO COOK A WOLF

2208 Queen Anne Ave N a Wolf. Seattle, WA 98109 ethanstowellrestaurants.com



2100 6th Avenue Seattle, WA 98119 willmottsghost.com



#### THANK YOU TO OUR SPONSORS:







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### Grilled Purple Sprouting Broccoli Bagna Cauda with Poached Hen Egg

(SERVES 4)

John Sundstrom Lark, Seattle

"In the cold misty Northwest winter, purple sprouting broccoli is one of the few fresh vegetables around that isn't a tuber or a root, and is most welcome on the menu at Lark. Bagna cauda means 'hot bath' in Italian, and is a specialty of Piedmont in the North. The modern version is usually made without milk, but I like the older version, which to me has a deeper more complex flavor. A great dressing for raw and cooked vegetables, and perfect for this dish!"

4 garlic cloves, sliced thin
12 anchovy filets (salt and oil packed)
1 cup milk
Pinch controne pepper (or ground red chile)
1 cup extra virgin olive oil
fresh ground black pepper, to taste

Combine all ingredients in a small saucepot and simmer gently for 1 hour. Reserve warm.

1 bunch purple sprouting broccoli, washed, trimmed, grilled olive oil, salt and pepper ½ bunch Italian parsley, washed, dried and picked into leaves 4 hen eggs, cracked into 4 cups 1 teaspoon white vinegar

Bring 2 quarts water to boil, turn down to simmer, add vinegar. Swirl water with a spoon, gently place eggs in to water, poach for 4-5 minutes until set, but still runny inside.

Toss purple sprouting broccoli with olive oil, salt and pepper, grill for 2-3 minutes, turn and grill 1-2 minutes on the other side. Divide between four plates and place a poached egg on top of each pile. Dress generously with bagna cauda, stirring each time it is spooned. Sprinkle parsley over top. Enjoy!